

## SCRUTINY REVIEW OF MENTAL HEALTH AND WELLBEING INCLUDING SUICIDE AND SELF-HARM

### Summary

Representatives from the Voluntary Sector have been invited to attend this meeting to contribute to the ongoing Scrutiny Review of Mental Health and Wellbeing including Suicide and Self-Harm.

### Detail

1. As per the agreed scope and plan for this review, it was identified that the voluntary sector could provide relevant evidence in terms of their role in service delivery and representation/engagement. The following groups have therefore been approached to provide information to the Committee:
  - Eastern Ravens (<http://www.easternravenstrust.org/>)
  - Men Tell Health (<https://www.mentellhealth.org/>)
  - Middlesbrough & Stockton Mind (<http://www.middlesbroughandstocktonmind.org.uk/>)
  - Samaritans (<https://www.samaritans.org/branches/teesside-samaritans>)
2. The above groups have been asked to provide information on:
  - Overview of their service
  - Role around promoting good mental health and wellbeing, and preventing mental health ill-health
  - How their service promotes itself
  - Partnership working
  - Key issues/challenges around this topic (with particular attention where possible on the 14-25 age range)
3. A copy of the agreed scope and plan for this review is included for information.

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